

# Minocqua No Frills Marathon

## Saturday, Sept 5 Mincoqua Park Complex

- Registration and Packet Pickup	5:00	8:00
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## Sunday, Sept 6 Mincoqua Park Complex

- Registration and Packet Pickup	5:00	7:45	Estimated Finish
- Early Start to the Marathon	6:00		5:00 hours or longer

- Marathon Start in Waves - 30 second pause between waves

Group 1	7:00:00 AM	10:45	3:30 to 3:45 hours
Group 2	7:00:30 AM	11:03	3:46 to 4:00 hours
Group 3	7:01:00 AM	11:21	4:01 to 4:15 hours
Group 4	7:01:30 AM	11:39	4:16 to 4:30 hours
Group 5	7:02:00 AM	12:12	4:31 to 5:00 hours
Group 6	7:02:30 AM	12:30	5:00 hours or longer

- Half Marathon Start in Waves - 30 second pause between waves

Group 1	8:00:00 AM	9:45	1:30 to 1:45 hours
Group 2	8:00:30 AM	10:00	1:46 to 2:00 hours
Group 3	8:01:00 AM	10:16	2:01 to 2:15 hours
Group 4	8:01:30 AM	10:31	2:16 to 2:30 hours
Group 5	8:02:00 AM	12:02	2:30 or longer hours

Race Finishers	10:30	1:00	All finishers should be in
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Refreshments at the finish

Awards handed out as the runners finish

Clean up	1:00	2:00
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